



Pictured from left to right: Lisa Taylor, founder and owner of Evolution Power Yoga, Marshall Snively, President of Lancaster City Alliance, Beth Weaver, Executive Director of A.I.M. to Empower, the nonprofit outreach of Evolution Power Yoga

The June 2018 Member Spotlight on [Evolution Power Yoga](#) presented by owner, Lisa Taylor at the June Merchant Meeting of the DID sponsored by the Lancaster City Alliance.

Over the course of 17 years, Evolution Power Yoga evolved from a hobby to a thriving part of the Lancaster business community. It has been through the mentorship of established Lancaster businesses that we succeeded and in turn become a mentor to other Lancaster business owners. Now four studio locations in Lancaster, Rock Lititz, York, and Harrisburg comprise the Evolution community. It is possible to tell the story of how Lancaster citizens who practice yoga impact our city. Their transformation influenced how they made decisions, affecting their interactions with co-workers and employees. That is what I am most proud of as the owner.

Many of our teachers have volunteered their time to share yoga with those who otherwise would not have access to yoga's healing benefits throughout Evolution Power Yoga's history. In December of 2017, we incorporated A.I.M. to Empower as a 501c3 with a mission to "create connection and opportunity through the practices of yoga." Beth Weaver, Executive Director, leads the A.I.M. to Empower efforts placing teachers in settings including Lancaster County Prison, Reynolds Middle School, and a program for refugees, to name a few. Both Evolution Power Yoga and A.I.M. to Empower look forward, with enthusiasm, to many more years being a part of what makes Lancaster an ideal place to live.

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