



Sprout of Rice & Noodles

54 N. Prince Street
Lancaster, PA 17603
717) 392-7462

Open Monday thru Saturday 11am until 7pm

For more information and our menu go to:
www.riceandnoodlesrestaurant.com

Follow us on Facebook at:
<https://www.facebook.com/SproutofRiceAndNoodles/>

Find us on Instagram: @sproutlancaster

I am Vy Banh, of Rice & Noodles, a proud 3rd generation Vietnamese restaurateur, along with my siblings Khoa and Alys, and my husband Ninh and brother-in-law Bernard. We descend from a prestigious culinary experience via our maternal grandparents, Y Vu and Kim-Thai Vu, who founded a chain of popular restaurants renowned for Pho in and around Saigon. When our family left Vietnam in 1975 they sought refuge and freedom here in the United States. We eventually settled in New Orleans, where in 1982, our mother, Anh-Thu Cao pursued her entrepreneurial dreams by opening her first restaurant. In 2000, when I was 26, I became involved in the family business, soon I had Alys and Bernard involved too, and then my older brother Khoa as well. In a very short time we had a mini-dynasty of wildly popular Vietnamese restaurants around New Orleans. It was a beautiful life.

But all of this was lost in 2005 when the powerful winds of Hurricane Katrina blew in from the Gulf destroying everything in their path and blowing us north to Lancaster in search of refuge once again. We lost so much from that storm. But, we had each other, and our willingness to work hard together as a family. We soon found the perfect location on Lititz Pike, and placed all the savings we had into it. Rice & Noodles Lancaster was an instant success.

My family is always looking for another challenge, a new opportunity, and we soon turned our eyes to the City that we had come to love as a family. You see Sundays are sacred to us. It is our only day off, and although we work together, we often spend that day together too. Many of those Sunday were spent exploring the City of Lancaster. We soon knew we wanted to share our Fresh • Simple • Vietnamese cuisine with all our new Downtown Lancaster friends as soon as we could find just the perfect location.

After much searching, and patient...very patient negotiations the corner of Prince & Orange is now transformed into a mecca for healthy, simple, fresh food that so many Lancasterians now crave, and Sprout of Rice & Noodles is born! We are excited to announce that we now offer delivery only to our Sprout customers within a 3-mile radius from Monday thru Saturday from 11am until 6:45pm! There is a \$20 minimum order and a \$5 delivery fee...just call 717-392-7462! On any day Sprout is open you will find me, or Alys, Bernard or Khoa, always at least one family member there to greet you and to proudly present the food made from recipes handed down by our venerable grandparents. Everything made with care & love.... because we love you Lancaster!