



South Duke Street Neighborhood Guide, Spring/Summer 2016

Crispus Attucks Community Center 407 Howard Avenue 717-394-6604 <http://cacc-lancaster.org>

PROGRAM/SERVICE	INFORMATION	CONTACT	COST	LANGUAGE
Summer STEAM (Science, Technology, Engineering, Art, Math) Evening Camp	June 13- July 14 2016; Ages 5-8 at CACC; Ages 9-14 transported to Thaddeus Stevens College; Dinner provided	Valdijah Brown	\$25/week	English/Spanish
JPF Youth Leadership Institute	Call if interested	Valdijah Brown	FREE	
After-School Program; Computer Lab	4-8 pm during school year; homework help and dinner	Cheryl Holland Jones	FREE	
Community Meal Site	5 pm Saturdays and Sundays	Cheryl Holland Jones	FREE	
Food Bank	Every 2 nd and 4 th Wednesday	Cheryl Holland Jones	FREE	
Dance Team	Open to participants in after-school program	Navia Flowers	FREE	
Drill Team	Open to participants in the after –school program	Derek Smith	FREE	

SouthEast Lancaster Health Services 625 South Duke Street 717-299-6371 www.selhs.org

PROGRAM/SERVICE	INFORMATION	CONTACT	COST	LANGUAGE
Dental Care	Must be a patient; appointment or walk-in	Use main number	Sliding fee	English, Spanish, Nepalese, French, Arabic and others through interpreters and interpretive services
Family Practice	Must be a patient; appointment or walk-in	Use main number	Sliding fee	
Insurance Enrollment Assistance	Open to anyone	717-917-3756	FREE	
Treatment for Opioid Use Disorder	Must be a patient; appointments or walk-in	Use main number	Sliding fee	
Pre-Natal Care	Must be a patient; appointments or walk-in	Use main number	Sliding fee	

The Mix at Arbor Place

520 North Street

717-393-1523

www.arborplace.org

PROGRAM/SERVICE	INFORMATION	CONTACT	COST	LANGUAGE
Spoken Word Poetry	Middle and High School students	Ty Gant	FREE	English/Spanish
Power School Mix U	College Prep	Ellie Kiger	FREE	
Summer Camps sessions	Culture Camp; grades 2-9; June 13-July 8 Science Camp; grades 2-6 July 11-22	Ellie Kiger	\$50/week; financial assistance available	
POWER UP	GRADES 9-12 Computer skills July 25-August 6		FREE	
Vacation Bible School	Grades 2-6; August 8-12 from 830am- 1230 pm		FREE	
After-School Program	Ages 7-17; dinner, clubs, homework help	Jeremy Raff	FREE	
What's for Dinner	During the school year, dinner 6-630 pm		FREE	
Summer Meal Program	Breakfast 8-830 am; lunch at noon		FREE	
Police Athletic League	Youth Mentorship with Police Officers	Officer King	FREE	

NuLifes

www.nulifes.com

PROGRAM/SERVICE	INFORMATION	CONTACT	COST
Youth Go-Green Summer Camp 2 sessions	Grades 1-6, Bethel AME Cultural Center, 512 East Strawberry Street; Camp Invention June 20-24 , 8 am – 4 pm Youth Go Green June 27 – August 19, 8 am – 4 pm	Schirlyn Kamara, (717) 224-8469	\$25/week Lunch included
Sewing Programs	Sewing Skills and creating retail products	Schirlyn Kamara	FREE

Washington Elementary Community School

545 South Ann Street

All resources are free

PROGRAM/SERVICE	INFORMATION	CONTACT	HOURS
Adult Education Training	Free GED class to all SDoL parents with kids in 3 rd grade or younger	Laura Binkley or Arelis Perez (laura_binkley@iu13.org) 717-947-1336	Monday-Thursday 9:00AM – 12:00PM
VITA Site (Volunteer Income Tax Assistance)	Open during tax season to all community members		Monday-Friday 5:00PM-9:00PM
Power Packs	Washington families receive food to prepare over a 3-day period	Arelis Perez (ajperez@lancaster.k12.pa.us) 717-391-8689	Thursdays (during school year)
Resource Center	Open to all Washington parents	Arelis Perez (ajperez@lancaster.k12.pa.us) 717-391-8689	
School Based Health Clinic	Available to all Washington students	717-391-8689	Monday, Wednesday, Friday 9:00AM – 2:30PM

SACA Tec Centro

102 Chester Street

717-509-6679

www.sacapa.org/tec_centro.html

PROGRAM/SERVICE	INFORMATION	CONTACT	COST	LANGUAGE
Employment Services	Job readiness, referral, placement, Soft Skills Training and case management Monday- Thursday Walk-ins at 8:30am	Please contact main number 717-509-6679	FREE	English/Spanish
Adult Education	GED/ESL Multiple ESL levels GED in Spanish Day time, afternoon and evenings hours available	Please contact main number 717-509-6679	FREE	
Bilingual Skills Training	Healthcare Construction Office occupations Manufacturing Culinary Arts	Please contact main number 717-509-6679	Tuition FREE Students cover the costs of registration, books and uniforms	
Café Centro	Community Café Serving as in training facility for Culinary Arts students. Open Tuesday – Friday 7:30am- 2:00pm	Please contact 717-509-8118	Price varies. Breakfast and Daily lunch specials available	

SACA 454 Pershing Ave Lancaster, PA

717-397-6267

www.sacapa.org

PROGRAM/SERVICE	INFORMATION	CONTACT	COST	LANGUAGE
SACA Development	Rehabilitates Neighborhood homes and sells to first-time homeowners	Cgraupera@sacapa.org	FREE	English/Spanish
Credit Repair and Homeownership Classes	Advising and assistance in credit issues and purchasing homes.	Ada Rivera, Realtor Life Changes Realty Group 717-615-3400 Office: 717-366-4056 Email: homesbyada@gmail.com	FREE	English/Spanish

Nuestra Clinica- Life Skills Training	Drug & Alcohol Education for In-school students	Please contact main number	FREE	English/Spanish
Nuestra Clinica- Community Promise	Outreach/ Education HIV	717-2957994	FREE	English/Spanish
Nuestra Clinica Community Health Navigator	Health System Navigator	Please contact main number 717-2957994	FREE	English/Spanish
Nuestra Clinica BART Program	Youth program (14-18 years old) Education in HIV/AIDS	Please contact main number 717-2957994	FREE	English/Spanish
Nuestra Clinica Health Education & Prevention	Community Education in case management, Education and Prevention STD HIV/STDS	Please contact main number 717-2957994	FREE	English/Spanish
Nuestra Clinica Ryan White	Case management for HIV patients	Please contact main number 717-2957994	FREE	English/Spanish
Nuestra Clinica Behavioral Health Outpatient Drug & Alcohol Rehabilitation	Bilingual services for individual therapy, group counseling, support groups, substance abuse	Please contact Main number 717-5096259	Income -Based	English/Spanish
Outpatient Mental Health Services	Psychiatric evaluation/Counseling and supervision of psychotropic medications	Main Number 717-293-4150	Income-Based	English/Spanish
Centro Hispano	Human Services, Community Meal Site (lunch/dinner) and Luis Muñoz Marin Senior Center	Please contact main number 717-397-6267	FREE	English/Spanish
Nuestra Clinica Residential	state licensed, 26-bed drug and alcohol non-hospital residential clinic. Males only	Please contact main number 717-431-1435 50 E NEW ST LANCASTER PA 17602	Income-Based	English/Spanish
Radio Centro/Tele Centro	Public and Community Radio and Television	Claudia Galdamez (cgaldamez@sacapa.org)		English/Spanish

PROGRAM/SERVICE	INFORMATION	CONTACT	COST	Language
Homebuyer Class	Classroom Training to prepare for purchasing a home	Miriam Soto (msoto@lhop.org)	\$25/person	English/Spanish
Closing Costs Loans	Eligible participants completing Homebuyer course may qualify for a down payment and closing cost loan to purchase their first home	Miriam Soto (msoto@lhop.org)		
Housing Resource Center	Information and resources including publications and computer access to find housing and answer housing-related questions for individuals and families	Nathan Roth (nroth@lhop.org)	FREE	

Assets 100 South Queen Street 717-393-6089 www.assetsPA.org

PROGRAM/SERVICE	INFORMATION	CONTACT	COST	LANGUAGE
Entrepreneur Training	Courses for early-stage entrepreneurs	Jessica King	Fees vary; most under \$100 Scholarships available	English/Spanish
Lending Circles Micro-loans	Loans & Technical assistance to entrepreneurs	Jessica King		
Women's Business Center	Training & Consulting for women-owned businesses	Melisa Baez		
Women's Leadership Circles	Designed for women leaders to cultivate transformative leadership	Angelique Arroyo		
Social Enterprise Pitch	Business Plan Workshops, Crowdfunding, & Mentorship to launch social enterprise in Lancaster City	Jonathan Coleman		

Community Action Program 601 S Queen St 717-299-7301 www.caplanc.org

PROGRAM/SERVICE	INFORMATION	CONTACT	COST	LANGUAGE
Atlas Initiative	Formerly Circles, an innovative program for low-income individuals and families to map their own path out of poverty through Circles of Support, mentoring, case management and support services	Regina Begley (rbegley@caplanc.org) 717-299-7301	FREE	English

Child Care Information Services (CCIS)	Provides child care subsidies for low-income working parents	717-393-4004	Co-pays for child care vary	English/Spanish/ many other languages via phone translation
Child Care	Provides STAR 4 (highest quality) child care M-F 6AM-5PM	Allison Troutman atrouman@caplanc.org 717-299-7301	Co-pays and/or fees vary; scholarships available	English/Spanish/ Japanese/Arabic
Head Start	High Quality pre-K readiness program for children 3-5, including extensive family supports	Diane Koon dkoon@caplanc.org 717-299-7301	FREE	English/Spanish
Domestic Violence Services Bridge Housing	Transitional and permanent housing for survivors of DV	Olga Rodriguez orodriguez@dvsplanc.org 717-299-9677	Rent/fees vary	English/Spanish
Domestic Violence Services Emergency Shelter	Provides safety and support for DV victims, including shelter, meals, referrals and counseling. Hosts a 24 hr hotline and a therapeutic children's program.	24 Hour Hotline: 717-299-1249 National Domestic Violence Hotline: 1-800-799-SAFE (7233)	FREE	
Domestic Violence Services Legal Clinic	Provides legal representation for DV victims, primarily focused on Protection From Abuse Orders	717-291-5826	FREE	
Nutrition Education Program (NEP)	A part of SNAP-Education involving demos, tastings, and nutrition education at schools, pantries, camps and senior centers.	Zac Eichelberger zeichelberge@caplanc.org	FREE	English
Outreach	Referrals to services across the county with special supports for low-income senior citizens	Regina Begley rbegley@caplanc.org 717-299-7301	FREE	English/Spanish
Parents as Teachers (PAT)	A home-visiting program that focuses on the parent-child relationship for parents of children up to age 5. Group workshops and referrals to community services are also offered.	Beth Eberly beberly@caplanc.org 717-431-1027	FREE	English
Personal Parent Training	Provides one on one parent education through a mentoring approach for families currently working with CYA	Sandra Lopez slopez@caplanc.org 717-431-1027	FREE	English/Spanish

Promoting Responsible Fatherhood	Offers educational sessions at the County Prison and the Youth Intervention Center to help young men, fathers-to-be, and fathers increase their involvement with their children	717-431-1027	FREE	English
Senior Center	Located in Farnum Tower (33 E. Farnum St) the Lancaster Neighborhood centers offer members free meals, educational activities and field trips, financial education, and health and wellness activities	Tom Sheaffer 717-299-3943 tsheaffer@caplanc.org	Free, members are encouraged to make periodic donations	English
Super Padres	An educational and parent support program specifically for Latino families, designed to support and preserve the family unit	Sandra Lopez slopez@caplanc.org 717-431-1027	FREE	English/Spanish
Utility Assistance	Management of the assistance programs for low-income customers of PPL and UGI	Regina Begley rbegley@caplanc.org 717-299-7301	Free; payment rules set by utility companies	English/Spanish
Women, Infants, and Children (WIC)	Nutrition education, healthy foods, breastfeeding support, and referrals to health and social services for pregnant and post-partum women and children up to age 5.	Kim Sullenberger Ksullenberger@caplan.org 717-509-3686	FREE	English/Spanish/ many other languages via phone translation